





Specialists in: Understanding leadership in the 21st century Reaching your personal potential

Are you ready to take the next step in your career -- build confidence, understand your organization, and manage effectively?



# PROFESSIONALISM IN THE WORKPLACE

Key takeaways for this course:

- 1. Learn about leveraging networks for professional success
  - 2. Build a strong brand for yourself and for your business
- 3. Manage teams and handle complex problems effectively
- 4. Understand the organizational impact of diverse management styles
  - 5. Polish your professional presentation skills and business image
- 6. Handle international clientele and high-risk situations appropriately
  - 7. Analyze your body language and communicate effectively

### PROGRAM TOPICS

Educating top-level talent requires high-impact curriculum that is results-driven. For staff who are female and anxious to learn and grow themselves professionally. This program will be delivered in generic format (non-competitive companies in the same room) or customized to your organization.





### **EXECUTIVE PRESENCE**

Gain the skills to adapt your organization to current business conditions and take the latest leadership strategies to enhance your market advantage.

### **BODY LANGUAGE**

Learn proven techniques to appropriately present yourself in a variety of situations, as well as deal with international clientele and sensitive cross-cultural gender issues.



### **COMMUNICATION SKILLS**

Learn how to strengthen interpersonal relationships, manage stressful situations, understand customers, and confidently handle fast-changing workplace conditions.

### **SELF-CONFIDENCE**

Grow a deeper understanding of your unique strengths and weaknesses in business, learning the best methods to maximize your growth potential in a short period of time. Build the foundation for future success with yourself.



# GROWING WOMEN LEADERS

We work with women at all levels looking to develop and enhance their professional behavior and image in the workplace, as well as grow as a leader in business. We train with the latest knowledge and best practices used by today's top female leaders. You will gain a new level of confidence and a greater sense of ownership over your own leadership potential.

Adept, persuasive leaders are needed in the increasingly competitive marketplace to distinguish your organization



These are the foundational modules for our program Professional Development for Women. Each of the modules is self-standing therefore the program may be customized for the time allowed. For more information please email us at: ContactUs@MyanmarBusinessAdvisors.com.



#### **MODULE 1: BEING IN BUSINESS**

- Self-assessment and introduction
- Taking risks and getting what you need in work
- Office politics and how to handle them

### Training

Knowledge, competencies professional development teaching of vocational or practical stills practical skills provides the b On-the-job training tak

- Off-the-job training aw
- **MODULE 2: ACTING PROFESSIONALLY**
- Getting the consensus
- Asking questions and thinking critically
- Using your emotions for better business



#### **MODULE 3: THINKING FOR THE BUSINESS**

- Leading vs following
- Delimiting yourself
- The importance of networking

These are the foundational modules for our program Professional Development for Women. Each of the modules is self-standing therefore the program may be customized for the time allowed. For more information please email us at:

ContactUs@MyanmarBusinessAdvisors.com.



### **MODULE 4: BRANDING YOURSELF**

- Stop minimizing yourself
- Don't back down to big assignments
- Get outside your comfort zone



#### **MODULE 5: SOUNDING PROFESSIONAL**

- Business English skills
- Minimizing words and qualifiers
- Pitch and vocal qualities

### **MODULE 6: LOOKING POLISHED**

- Using your body language
- Your image and professionalism
- Makeup, hair, and clothes

These are the foundational modules for our program Professional Development for Women. Each of the modules is self-standing therefore the program may be customized for the time allowed. For more information please email us at: ContactUs@MyanmarBusinessAdvisors.com.



#### **MODULE 7: RESPONDING APPROPRIATELY**

- The importance of feedback
- Learning from others and believing in yourself
- Embrace your personal power

### **MODULE 8: WORKING WITH MEN**

- Appropriate behavior for international workplaces
- Uncomfortable or awkward situations
- Building up other women's strengths

### **MODULE 9: FINDING A MENTOR**

- Why the mentor relationships works
- How to find a mentor
- How to ask for a mentor

These are the foundational modules for our program Professional Development for Women. Each of the modules is self-standing therefore the program may be customized for the time allowed. For more information please email us at: ContactUs@MyanmarBusinessAdvisors.com.



#### **MODULE 10: TAKING FAILURE & FEEDBACK**

- Criticism and its place with us
- Secrets of learning
- Giving feedback to others

### **MODULE 11: WORKING WITH WOMEN**

- Friendships in the office
- Understanding professional women
- Working with women in the international workplace



### MODULE 12: BEING ASSERTIVE, NOT AGGRESSIVE

- What's the difference?
- Understanding our strengths
- Knowing our weaknesses

These are the foundational modules for our program Professional Development for Women. Each of the modules is self-standing therefore the program may be customized for the time allowed. For more information please email us at:

ContactUs@MyanmarBusinessAdvisors.com.



#### **MODULE 13: SELF-CONFIDENCE**

- The definitions of self-confidence and why it's important
- The 4 steps to a successful personal change
- Working on improving ourselves

#### **MODULE 14: SELF-MOTIVATION**

- Different motivations for different people
- Goals: The key to success
- What motivates you?

### **MODULE 15: MOVING FORWARD**

- Helping others succeed
- Ensuring success with our attitude
- Recap & conclusion

# ADVANCING WORKPLACES

Craft your leadership skills, motivate and inspire your team, and move your organization forward. Bolster confidence, decisiveness, and consistency by seeing new perspectives. Recognize and develop your own voice to advance your workplace and career

Take away: Insights and practical knowledge on how to best approach your individual organization and capitalize on your strengths in business



The need for high-impact leadership in business is critical for growth